[Study Title]

**[TEMPLATE LETTER FOLLOWING UNUSUAL BLOOD GLUCOSE LEVELS]**

Ethics Approval Reference: [Insert]

In the test today we measured your blood glucose level. This was for the purposes of our research on the relation between glucose level and task performance, and we are not qualified to advise you on any clinical implications. However, measurements outside the normal range may have significant implications for your health, and should be investigated further. Conditions such as diabetes, which cause abnormal glucose levels can be effectively treated with medication.

**The normal range of blood glucose levels is between 4 – 8 mmol/litre.**

**Your measurement today was \*\*\*\* mmol/litre.**

**This was taken at \*\*time of day\*\* on \*\*date\*\* using a \*\*give model name of blood glucose monitor\*\*.**

Blood glucose measurements may vary during the day and from one test to the next. However, we recommend that you consult your General Practitioner and arrange a repeat blood test as soon as possible.

You may wish to show your GP this letter to indicate the reason for your concern.